**Sermon Notes Sunday 19th January**

**Read through Mark: 6: 45-56**

* Who do you identify with in this reading and if you are happy, discuss as a group why?
* How do you share, in your everyday activities, your faith? Discuss as a group some of the opportunities you have had over Christmas and the last few weeks
* Think about how we might call on God in the difficult times, share where appropriate and how do we involve God in the good times too?
* How do you feel if God sometimes feels a bit absent? Do you have favourite scripture that you rely on when you face times like that?
* When we think about the journey of the Israelites in the Old Testament we see a lot of miracles and then a hardening of hearts and a turning away from God. When we read this passage we can see that the disciples had hard hearts too – what lessons are there for us today about our hearts hardening at times? If you have examples share them.

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