**Sunday 22nd September**

**‘Marked for Discipleship – the pathway to spiritual formation’**

Read Mark 1:35-40

* How should Jesus’ time of solitary prayer help us prioritize times of daily prayer in our busy and demanding schedule?
* Is prayer a fundamental priority for you or something you simply feel obliged to do when you feel like it?
* Do you struggle to find time to be alone with God? If yes, Why? If not, share your experience of how you find the time and sustain the practise?
* What do you think of the story of Susanna Wesley who found her own time with God (her prayer closet) under her apron?
* Have you ever been to a prayer retreat? Share your experiences of what you know about them and /or heard about them.
* Are you comfortable with silence and solitude? Why or why not?
* What would help to motivate you to devote time and space to silence, solitude and meeting with God?

Read 1 Kings 19:9-13. Jesus says, ‘My sheep listen to my voice; I know them and they follow me’ John 10:27.

* What do these two passages teach us about God’s voice and how we can learn to hear him better?
* What practical steps can we take this week in our pilgrimage of discipleship to make time for silence and solitude in order to commune with God our Father?

Pray for one another that we might give priority to this desire to be with God and deepen a closer walk with him.

**Sunday 22nd September**

**‘Marked for Discipleship – the pathway to spiritual formation’**

Read Mark 1:35-40

* How should Jesus’ time of solitary prayer help us prioritize times of daily prayer in our busy and demanding schedule?
* Is prayer a fundamental priority for you or something you simply feel obliged to do when you feel like it?
* Do you struggle to find time to be alone with God? If yes, Why? If not, share your experience of how you find the time and sustain the practise?
* What do you think of the story of Susanna Wesley who found her own time with God (her prayer closet) under her apron?
* Have you ever been to a prayer retreat? Share your experiences of what you know about them and /or heard about them.
* Are you comfortable with silence and solitude? Why or why not?
* What would help to motivate you to devote time and space to silence, solitude and meeting with God?

Read 1 Kings 19:9-13. Jesus says, ‘My sheep listen to my voice; I know them and they follow me’ John 10:27.

* What do these two passages teach us about God’s voice and how we can learn to hear him better?
* What practical steps can we take this week in our pilgrimage of discipleship to make time for silence and solitude in order to commune with God our Father?

Pray for one another that we might give priority to this desire to be with God and deepen a closer walk with him.