**Life Group Notes 29 October**

**Truth and Integrity**

* Read from the Sermon on the Mount *(Matthew 5 : 33 - 37)*
* Jesus confronted a corrupt system of oath-taking. What do we sense He may be concerned about in our lives / the world / the Church today?
* Are there times when you have been compelled to stand up for truth because of Christian belief?
* Do you identify a truth crisis today? If so, where?
* What do you regard the reasons for lack of truth and integrity today?
* What can we do about it?
* Read *Proverbs 12 : 13 – 22*
* What great truths do Christians discover about themselves?
* In what areas of our lives do we regard it a challenge to delight in the Lord?
* What does it mean to members of the group to wear the belt of truth? *(Ephesians 6 : 14)*
* What does a person of truth / integrity look like?
* What does it mean to worship the Lord in Spirit and truth *(John 4 : 24)*?
* How do we “cultivate” hearts / minds that will produce lives of truth and integrity?
* Nicky Gumble states, “Integrity is doing the right, even when nobody is looking.” “What do you think he means in practice?

**For reflection and possible discussion**

* “When Jesus is Lord of our beliefs, opinions, ambitions, standards, values and life-style, then we are integrated Christians. Then integrity marks our lives. Only when He is Lord do we become whole.” *(J Stott)*
* “The believers word should be their bond, whether an oath or not; our interest should be truth, the whole truth and nothing but the truth. We should be so honest and dependable that any form of oath would be seen to be unnecessary.” *(Based on Salvation Army Commentary)*

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