**Life Group Notes April 11th**

 *There is a choice to study the questions or meditate on the passage. The Leader will need to prayerfully decide beforehand.*

**Notes - John 21 v.1-17**

* Why do you think Jesus told the disciples to go to Galilee after the resurrection? Mt 26 v.32, 28 v.10
* Read John 21 v. 1-14. How do you think the disciples were feeling now they had returned to Galilee (their home area) after the traumatic events they had experienced in Jerusalem?
* How do you think they coped with never knowing when the risen Christ would appear to them? How have you coped with uncertainty and waiting?
* What significance would Jesus appearance on the shore, and the fish they caught have for the disciples?

Mt 4 v.18-22, Luke 5. 1-7

* What memories might be triggered by seeing the bread and fish Jesus had prepared for their breakfast?

 Mk 6 v.38, 8 v.6-7 How might that encourage them?

* This wasn’t the only time Jesus appeared to the disciples in Galilee. Mt 28 v.16-19, 1 Cor 15 v.6 (probably in Galilee?)
* Read John 21 v.15-19. How do you think Peter might be feeling after he had denied Christ? (Luke 22 v.54-62). Why do you think Jesus asked him 3 times if he loved him? What memory might this have triggered for Peter Lk 5 v.8-10
* How does this resurrection appearance a) challenge you b) encourage you?

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**Simple Ignatian type meditation on John 21 v 1-17 (for in the group or by yourself)**

(some may find this easier than others, but you won’t know until you try)

*Allow 5 minutes for points 1-2 , 15 minutes for point 3 (too long for some, not long enough for others !), 5 minutes for point 4. Be flexible about sharing and prayer time points 5 and 6.*

1. Pray for the Holy Spirit to teach you and let you enter in to the story. Perhaps say together

 OPEN OUR EYES, LORD, We want to see Jesus,

 To reach out and touch Him And say that we love Him.

 Open our ears, Lord, And help us to listen. Open our eyes, Lord, We want to see Jesus. Amen

2. Read the passage several times (together and privately) until you have the details clear in your mind and can put the Bible aside.

*3. (Mute yourself!)* Sit comfortably and in your imagination take in the sights, the feel, the smells and the sounds of the scene. Do you see yourself on the boat with the disciples, or on the shore with Jesus? Go with what feels right for you.

 Continue to meditate and allow the story to evolve (don’t try and control where it is going, stay where it takes you - you don’t have to get to the end!).

4. As you come back to reality ask yourself -

Where was I in the story?

Were any memories triggered?

What did Jesus say to me? What invitation did he give me?

Do I understand something new about myself, my desires or aspirations?

 Write down anything significant for you, any questions you have, anything you need to pray through .

5. How did it feel, was it a good experience or not? Share briefly (IF you want to) - NB time is limited! Is there any revelation anyone wants to share at this point?

6. Pray

 *It can be helpful to meditate again on the same passage in your own time*

NB You may want to contact the leader or a group member you trust, on the phone, to talk and pray through anything you found challenging, surprising or amazing.