

**Life Group Notes – Sunday 7th June
New Beginnings**

Welcome: thinking of all that is going on in the world, what are some changes and new beginnings that people are longing for?

Read: John 3:1-13

Take a moment to briefly share anything that may have stood out to you from this passage or the sermon on Sunday.

If we look at the whole story of Nicodemus, the words of Jesus concern, first the Spirit (3:3-8), then the Son of Man (3:11-15), and finally, God the Father (3:16-21). If a friend asked you to explain the Trinity, what would say?

Looking at John 3:1-2, why do you think Nicodemus visited Jesus at night? What does this tell us about him?

Looking at verse 3, what does it mean to see the kingdom of God?

Nicodemus understood the concept of rebirth, the ancient world longed and search for it everywhere. Sometimes, however, we can purposefully choose to misunderstand than believe in the impossible: The Good News of salvation in Jesus Christ. Why was this so hard for Nicodemus?

Following Jesus means laying down our life to start a new one with Christ. For some Christians, this is easier said than done. Why then, do we need to be born of water and of the Spirit? (See John 3:5-6)

The Spirit helps us to follow Christ, it is as Charles Spurgeon said “without the Spirit of God we can do nothing. We are ships without wind.” How can we intentionally live more Spirit filled lives?

Later in John’s Gospel, Nicodemus tried to defend Jesus (John 7:50-52) and then asked Pilate for his body to be buried, bringing with him 75 pounds of myrrh and aloes (John 19:38-42). He was a secret believer who risked his reputation and high position for Jesus. Spend time now praying for those who are persecuted because of their faith. Ask the Spirit to strengthen them in Jesus’ name.

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