

## Life Group Notes – Sunday 4<sup>th</sup> March

### ‘God is Trustworthy’

#### Group Study

- Think of someone you consider ‘trustworthy’. What experiences have you had which has led you to trust them?
- Think of someone you consider ‘untrustworthy’. What experiences have you had which has led you not to trust them?

Whether we trust someone is largely based on three things:

- Power - How much power we think they have to deliver.
- Purpose - What we believe their purpose is in doing something for us.
- Possible outcome - What is at stake.

Situations where we are fearful of the possible outcome fall outside of our comfort zone. It is when we are in these situations that we most need to trust in Gods power and purpose.

Read: Matthew 4:1-11

In this passage Jesus was led by God through the Spirit into the wilderness; He stepped out in obedience to God

- How did this situation take Jesus out of His comfort zone?
- How does Jesus show us that He trusts in Gods power and purpose in this passage?
- Is God asking you to do something in obedience to Him that is out of your comfort zone? If so then how do you feel about that and why?
- How can the narrative of Jesus in this passage change our narrative on trusting God?

Read: Mark 14:32-36

In this passage Jesus knew that He would be taken out of His comfort zone against His will.

- What was threatening to take Jesus out of His comfort zone?
- How does Jesus show us that He trusts in Gods power and purpose in this passage?
- Are you in a situation that is outside of your comfort zone? If so are you able to trust in God for the best possible outcome and why?
- How can the narrative of Jesus in this passage change our narrative on trusting God?

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