**Sermon Notes -Sunday 18th February**

**Read Matthew 7 24-29**

This is the conclusion to the sermon on the mount, thinking back through the series:

* What have you taken away from this series?
* What struck you most about the sermon on Sunday?
* What do you think is a firm foundation for your life?

Read Psalm 22 this is quite a long Psalm and so it may be worth reading a few verses each:

* How do you feel when you hear the words My God, my God, why have you forsaken me?
* How do you feel when you hear those lines from v 16-18 and v 31?

If you are comfortable share what you are taking up or giving up for Lent and share with the group how you would like to grow through this Lent period.

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